

*Our passion will inspire you,
our training will empower you, and
our dedication will transform you
to the Elite.*



www.EliteTotalFit.com

(308) 633-1ETF
(1383)

ELITE HEALTH CENTER

820 West 42nd Street, Suite 1700
Scottsbluff, NE 69361



HOURS

FOR ELITE MEMBERS

4am - 11pm

STAFFED HOURS

Monday - Friday 6am - 8pm

— and —

Saturday - Sunday 8am - 4pm



ELITE
TOTAL FITNESS

Inspire • Empower • Transform

ELITE HEALTH CENTER

SCOTTSBLUFF

**INSPIRE
EMPOWER
TRANSFORM**



FITNESS FOR EVERYONE!

We are putting the fun back in fitness!

Elite Total Fitness has been beautifully designed for all ages and fitness levels.

We can't wait to show you and your family how to get the most out of exercise with programs and activities to lift your spirits, change your life and do good things for your body!

Discover that being fit means being happier and healthier.

So bring your family to life at Elite Total Fitness!



OUR FACILITY

- **PRECOR MACHINES**
- **CIRCUIT TRAINING**
- **FREE WEIGHTS**
- **GROUP CLASSES**
- **LOCKER ROOMS WITH SHOWERS**
- **CERTIFIED COACHES/TRAINERS**
- **CHILDREN'S AREA**
- **TRX MACHINE**

TURF



MASSAGE THERAPY



For more information about Elite Total Fitness
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